

Supporting work in traumatised communities worldwide  
Reg. Charity No.1138372



Trauma Aid UK  
P.O. Box 5301  
Hove, BN52 9RS

## Minutes of the Trauma Aid UK AGM 2022

**Attendees:** Shiraz Farrand, Helena Lea, Jo Ploszajski, Ines Santos, Ginny Dobson, Robin Logie, Tarik Al-Kubaisy, Sanja Oakley, John Henry.

**Apologies:** Matt Wilcockson

### 1. Minutes of 2021 AGM

Proposed: Ines Santos, Seconded: Ginny Dobson. There were no matters arising.

### 2. Election of new President following the sad death of Sian Morgan

Shiraz Farrand was elected president unanimously and unopposed.

### 3. Election of Trustees.

Dr Walid Abdul-Hamid has resigned from the committee and we are very grateful to him for his years of support and activity in promoting EMDR in the Middle East.

Matt Wilcockson has been elected as a trustee unopposed.

Tarik Al-Kubaisy has agreed to be our Middle East coordinator.

### 4. Annual Report on Trauma Aid UK activities for the year

BOSNIA-HERCEGOVINA 2009 – 2021: EMDR ASSOCIATION BIH was formed in 2015. To date there have been 6 cohorts of trainees resulting in 160 trained in the practice of EMDR. 10 of these are now fully Accredited Practitioners. There are two Accredited Consultants and 7 Consultants in training.

Moving forward we have established a national accreditation committee (Robin Logie, Sanja Oakley and Cornelia de la Fosse).

There has been a consultant's training delivered by Sandi Richman, Robin Logie and Sanja Oakley.

CPD: child training series including Part Two Child and Adolescent Section. We are grateful to Susan Darker-Smith and Sonya Farrell and EMDR South-West workshops for the Ana Gomez training. Providing CPD and developing our TAUk Trainees through supervision is a vital part of our work. Thanks particularly to Sonya Farrell and everyone who has offered CPD train *pro bono* : Child and Adolescent Section, Matt Wesson, Simon Proudlock and Regional Groups.

Shiraz and Kinga have provided G-Tep and R-Tep and TSR training.

There is a research project in hand, led by Sedin Habibovic

We are grateful to our volunteer supervisors: Colin Brazier, Ginny Dobson, John Henry, Soraia Crystal, Sanja Oakley, Rita McGrath and Jenny Metaxa Barham.

Middle East: Since 2014 trainings have been provided in Turkey, Jordan, Tunisia, Egypt and Iraq. 12 full basic EMDR cohorts have been trained totalling over 300 trained therapists.

The Online EMDR Therapy Research Project was successful. The team leader Batoul Akka, EMDR therapists Sahbaa Alkhader and Rouba Alkaja, assisted by Nuha and Researcher Dr Aseel Hamid of University College London, all made the project a success. PTSD, Depression and Anxiety scores all improved significantly.

#### EGYPT

Matt Wesson and his Team have trained 4 cohorts and developed a very strong team of Egyptian Facilitators who have facilitated on EMDR Training in Jordan and Iraq.

Matt has also run an on-line Refresher Day for Egyptian therapists. In person training is set to resume in July

Establishment of EMDR Egypt Association is in progress.

Thanks to the entire team of Trainers and Facilitators including Caroline Van Diest, Dr Walid Abdulhamid, Dr Khaled Sultan, Dr Hamodi Kayal, Ginny Dobson, Soraia Crystal, Matt Wilcockson and others. Matt Wesson and his team including Caroline van Diest, Claire Wesson and a team of UK Volunteer Facilitators have continued providing EMDR training remotely, including a refresher day in October 2021 for earlier cohorts.

Matt has developed a team of experienced EMDR therapists who have also attended CPD events and who are now assisting with training in Jordan and Iraq.

#### IRAQ

In 2014/15, on the first EMDR Training we trained 6 Psychologists from the University of Baghdad. Dr Saad Alatrany is now running the TAUk project in collaboration with the Tarik Al- Kubaisy's NGO Baghdad Centre for Psychological - Social Support.

The first ever TAUk EMDR Training has completed Parts 1 & 2 remotely with 32 participants and was initiated by Dr Walid Abdul-Hamid and trained by Sian Morgan. Supervision provided by Ginny Dobson, Dr Milia Begum and Dr Walid Abdul-Hamid.

Thank you to all our Volunteer Consultants working both with trainees in the Middle East and Bosnia on-line. This has in many cases been for a number of years

Thanks to TAUk Co-ordinators: Dr Walid Abdul-Hamid and Dr Khaled Sultan.

## FUNDRAISING ACTIVITIES

REGIONAL GROUPS: A big THANK YOU to our Regional Groups who have made donations to us through regional activities: Kent, Sussex, Near West, North East, North West, East Anglia, Yorkshire South West.

## MEMBERSHIP AND DONATIONS

PUBLICATIONS: Thank you to Ulf Jarisch of EMDR Europe Equipment for distributing these

CONSULTANTS' DAY sponsored by the EMDR UK Association.

Thank you to the Accreditation Committee

## 5. TREASURER'S ANNUAL REPORT

Robin Logie:

RECEIPTS	2021	2020
Subscriptions	£7433	£3839
Donations Raffles and Fundraising	£4228	£4044
Printed & online material sales	£5640	£912
HMRC Gift Aid refund	£5371	£0
Consultant's Day donations	£9270	£8995
Miscellaneous	£693	£1363
Total	£41,435	£25,316

Payments	2021	2020
Bosnia Project	£0	£0
Middle East Project	£0	£1650
Syria Research Project	£20,224	£14,146
Workshop Expenses	£2406	£1511
Printing for Publication	£924	£2188
Miscellaneous Projects	£0	£1657
Admin	£1225	£2126
Bank & Paypal fees	£687	£730
Total	£25,466	£24,007

Since the pandemic we have run many more online events that means more people attending and hence the increase in earnings.

## 6. Membership Report

Our thanks to Michael Tidbury for the enormous amount of background work he achieves looking after the membership admin and the website, on our behalf. Membership is gradually declining however the members that have remained are donating more to TAUk.

## **7. Social Media**

Ines Santos: Postings have increased two fold in the last year.

## **8. Questions and AOB**

There were no questions from the membership and no other business.