# EMDR Consultants Day 12<sup>th</sup>November 2022

EMDR UK Accreditation Committee & Trauma Aid UK

## Accreditation

### Making an application

Completing the Competency Framework documents

Child and Adolescent Practitioner and Consultant

Re Accreditation

Mitigation

## Accreditation

- Accreditation Committee meets bi monthly
- Committee is a sub committee of the Board
- All members of the committee are EMDR Europe accredited consultants

# Accreditation: the process

- Documentation to administrator
- Documentation checked by administrator and receipt acknowledged
- If incomplete or incorrect, applicant contacted
- If complete, documents placed in Dropbox

### Please Check!

When taking on a new supervisee....

Professional registration

Training

# Accreditation: the process

- Members of Accreditation Committee consider documents prior to committee meeting
- Accreditation Committee meet to discuss applicants and recommendations
- Board meeting considers recommendations for ratification
- Administrator contacts applicants following Board meeting

# **Submitting Documents**

- Documents must be received no less than 10 working days before the meeting to be considered at the meeting
- Applicants should use the most up to date competency framework documents
- All applications should be WP not hand written
- Documents should be presented as one continuous file, not as a series of separate pages

# Completing the Competency Framework Documents 1

### **Training**

Must be by a Europe accredited trainer

### **Supervision**

- 20 hours supervision is minimum. COMPETENCY IS KEY.
- Supervision can be 1:1, group, face to face, telephone, Skype, ZOOM
- Only those trained since 2011 can count supervision hours from training
- Peer supervision or by a consultant in training cannot be counted for accreditation

# Completing the Competency Framework Documents. 2

#### Clients

A small number of clients where only Grounding and Resourcing have been done may be included but vast majority (80%) of clients listed must reflect a through understanding and competency in all 8 phases. Too many clients with 3 or fewer sessions will not be satisfactory

# Completing the Competency Framework Documents. 3

- All clients must be signed off by the supervising consultant. Clients discussed with trainers during training cannot be listed unless fully discussed with own consultant.
- List clients only from point of completion of training
- You must provide a supervising consultant reference for all clients listed

# Completing the Competency Framework documents 4.

### **Original Practitioner form**

Please give detailed comments in support of each competency

NOT sufficient to write

'Yes competent'

**RATHER** 

For example

'He has demonstrated a thorough knowledge of the standard protocol. He is experienced in history taking and has evidenced in supervision and in video that he gathers a significant amount of biographical information'

## Disclaimer

- I confirm that I have personally supervised the work of...... as outlined in
- 1. The enclosed reference
- 2. The attached competency framework document

.....

I understand that if for any reason information is forthcoming to suggest that the above conditions were not met the consultant and or supervisee may forfeit their accreditation and possibly Association membership

### Child and Adolescent Practitioner

- Requirement to be generic practitioner AND have completed Level 1 and 2 Europe Accredited Child and Adolescent training
- May submit generic application and Child and Adolescent applications at the same time
- Cases and supervision from generic application may be counted
- Consultant must have viewed recoding of work with child under 8 years and record that on the competency framework document
- Consultants supervising child work should be competent to do so and ideally an accredited Child and Adolescent Consultant

## Child and Adolescent Consultant

- The Consultant Competency Framework document includes a Child and Adolescent addendum. Applicants may apply only for generic accreditation or for generic plus Child and Adolescent accreditation
- Period of grand-parenting agreed in the UK: not required to be three years since C and A practitioner accreditation if you have worked predominantly with children and adolescents.

# Algorithm Practitioner Competency Framework Document

- You may use either Algorithm Competency document or original Competency framework document.
- All competencies require to be at competent or advanced level.
- More detailed reference required to be added.

### Re-accreditation

#### **CPD**

- From Jan 2020 the number of EMDR specific credits needed for reaccreditation
  was increased. This has been introduced over a 5 year period . 50 EMDR specific
  credits will be required by 2024 Detail on the website
- There is no increase in the 25 trauma related credits needed.
- Since the pandemic the Association is awarding credits to online as well as face to face CPD events.
- No credits are awarded for on line courses.

#### References

- One consultant reference and one professional reference required for Practitioner reaccreditation
- Two consultant references required for Consultant re accreditation

## Mitigation

- One member of the Accreditation Committee takes the lead on mitigation
- Mitigation issues include lapsed accreditation, insufficient CPD/clinical work, supervision

# Mitigation

- Mitigation extensions granted
- Mitigation extensions not granted
- Issues for EMDR Consultants own accreditation/supervisee accreditation
- Reminder re: mandatory requirements

## Continuing Professional Development

- Application form, guidance and FAQ for CPD applications are on the website
- CPD events for workshops not training
- Should not be advertised until credits have been awarded
- Apply for credits well in advance
- Return workshop evaluation summaries promptly