# TRAUMA AID UK ANNUAL GENERAL MEETING

#### Held on

#### FRIDAY 12 June 2020

#### At virtual EMDR UK conference online

At 12.30 - 13.00p.m.

This is the 11th Annual General Meeting of Trauma Aid UK following the adoption of the Constitution by its members and becoming a Registered Charity.

## **AGENDA:**

### 1. Minutes from 2019 AGM

Ratification of Minutes: Minutes were ratified.

## 1. President's Report

In March we Concluded training in **Jordan**. This was provided by Sian Morgan as trainer and facilitated by Dr Khaled Sultan and Dr Mamoun Mobayed. Supervision has continued and thanks to that they are about to launch the Jordanian EMDR Association.

**Istanbul:** Most participants in training here were Syrians living in Turkey. Asena Yurtsever, Turkish EMDR trainer and facilitated, organised, and translated by Dr Khaled Sultan.

**Egypt** June 2019 Caroline Van Diest – trainer provided parts two and three in Alexandria, facilitated by Dr Walid Abdulhamid, Dr Hamodi Kayala and Dr Khaled Sultan. This is a highly active group.

**Turkey** October 2019 training was concluded. The training was provided by Asena Yurtsever and facilitated by Dr Khaled Sultan and Dr Mohammed.

**Egypt** January 2020 in Cairo Matt Wesson provided the training with Dr Khaled Sultan, Dr Walid Abdulharid & matthew Wilcockson facilitating.

There was a plan was to provide parts two and three in Egypt however parts two and three have to be postponed because of the Covid-19 lock down. Matt Wesson is trying to organise these training sessions on-line.

Matt Wesson and Justin Havins have made Flash and Dream Completion trainings available on-line.

Dec CPD Dr Khaled Sultan went back to Egypt for a weekend of supervision and migraine protocol.

Since 2014 we have provided training in Jordan, Turkey and Egypt. Eight full trainings and 224 trained therapists completing.

We are pleased to work with our partners: Centre Balesem: Psycho-Trauma Tunisie, Syrian Association for Mental Health and Jordanian Psychological Society.

1. **Plans for the Year Ahead:** in Egypt completion of parts two and three online.

CPD continuing within next two months: R-Tep and G-Tep with Shiraz Farrand and Kinga Komarzynska for all our Middle East trainees.

# Bosnia-Hercegovina.

Our association with Bosnia-Hercegovina started in 2009. Our focus with them is now mainly on CPD.

In June 19 Jim Knipe's training on working with complex trauma was streamed into a University in Sarajevo. Sonja Farrell facilitated and coordinated the training. This was very successful. All participants were accredited or working towards accreditation as practitioners and consultants.

October: Richard and Sally Worthing-Davis who had previously both been in Bosnia just after the civil war, provided a well-received weekend on working with Systemic family therapy and EMDR supervision.

December: Asena Yurtsever provided R-Tep/G-Tep training facilitated by Shiraz Farrand and Kinga Komarzynska.

November Sian Morgan provided training for the sixth cohort of trainees. All the facilitators were Bosnian. Working towards consultant.

Part 2 postponed because of Covid-19 and the lock down. She is working to get it provided on-line.

Sandi Richman has offered to provide Consultants training. We had hoped for November but that seems unlikely now. The training will be offered when conditions allow.

Thanks to all our volunteer consultants. Many of them have been working for a number of years leading to supporting their supervisees to accreditation. This is a vital part of our programmes because without it people may not go on to practice EMDR List of past and present consultants.

Thanks to middle east coordinators. Dr Walid and Dr Khaled, and in Bosnia Sanja Oakley.

## 1. Fundraising

Training day for Consultants and our thanks go to the Accreditation Committee and Omar Sattaur for providing content for the training day

**Regional groups:** A big Thank You to regional groups for donations from workshop. This means that the whole EMDR community is involved.

**Publications:** thanks to Ulf Jarhsh for sales of publications.

1. **Membership:** In 2011 at the start of our organisation we had 242 members and during the time since this has moved up and down. The annual suggested donation of £15 is for membership. The number of paid up members has fallen off in the last year. Response from email and online

prompting has not yielded an increase in membership. Gift aid helps enormously. Additional donations are made, and we are very grateful for that. R-Tep and G-Tep trainings has led to a surge in donations. Thanks to Shiraz and Kinga for that.

## 1. Treasurer's annual financial statement:

It has been a good year for us financially. Income is up by roughly £2000 and HMRC gift aid refund. There has been a decrease in subscriptions. Regional group donations have increased.

Expenditure has gone down because Middle East projects are now largely self-funding. This year we have a surplus of nearly twelve thousand pounds. We have a total of £30,000 in assets.

89% of funds donated go directly to projects.

**Robin Logie**